DISPATCH
Dear Readers, Another two months of our lives have passed. Only in August I was saying that it was a quiet two months and now we probably have the two busiest months of the year behind us!

Highlight for InterManager was obviously the 16th October when we held our Annual General Meeting in London along with the 5th International Shipowning and Shipmanagement Summit, which were both well attended. For those unable to be there we have a report in today’s Dispatch.

Our members have had a very active and productive period too. V.Group has increased its pool of ships and seafarers by acquiring Norddeutsche Reederei H. Schuldt, making it most definitely the biggest 3rd party ship manager in the world – congratulations!

IMO has been very active too and I would like to thank all our members who supported us at the IMO event on World Maritime Day. And special thanks have to go to Capt. Paddy McKnight who made sure that all our visiting members were safe and happy.

Next time you will read our Bi-monthly Dispatch I will be reporting on Crew Connect and some exciting projects we are just about to start. Stay tuned and watch your e-mails.
InterManager’s 5th International Shipowning and Shipmanagement Summit (ISSS) in London generated some lively debates as delegates discussed key issues affecting today’s shipping industry.

Assisted by the use of online audience interaction tool Sli.do, attendees fired a wide range of interesting questions at panellists, leading to some fascinating and fast-moving debates.

Passions ran high as members discussed connectivity at sea, with one panellist stating: “nobody talks about connectivity in the office environment,” and another challenging: “Why should we treat seafarers different to how we treat shore staff?”

Meanwhile Thome Group’s CEO Olav Nortun advocated taking back financial control and managing efficiencies, while panellists considered the role of marine purchasing in cost control.

Members were interested to gain insights into the current state of shipping’s financial markets from Mark Williams of Shipping Strategy Limited. Thought-provoking presentations on maritime corruption (Nicholas Fisher, Maritime Anti-Corruption Network) and cyber insurance (Brian Warszona, Finex Cyber and Andrew Hill of Willis Tower Watson) also gave members interesting insights.

Environmental discussions inevitably led to consideration of the scrubber debate and concerns over whether the industry will be ready for the 2020 sulphur cap.

‘Stable crewing and strong teams’ was the theme for Dr Kate Pike’s presentation, leading smoothly into a panel debate about seafarer mental health and well-being. Emotional discussions ensued with many delegates sharing personal experiences of workplace stresses.

This was followed by the premiere of a new, thought-provoking video on seafarer mental health from KVH Videotel. The video forms part of its new training package, Seafarers Mental Health and Wellbeing, which is now available free of charge throughout the shipping industry (see report in our Limelight section for details).

InterManager Secretary General, Captain Kuba Szymanski, said: “This was an excellent summit and our members did not shy away from asking the difficult questions. Thank you to everyone who took part and especially to our excellent speakers and generous sponsors.”

Shipmanagement Summit generates lively debates
InterManager members and supporters met in London this month for the association’s Annual General Meeting.

President Bjorn Jebsen told the meeting: “As an organization we are focused on providing our Members with information about the maritime industry, working with the IMO and other maritime organizations and participating and sponsoring various projects that have improved our knowledge on issues such as fatigue and mental health.”

He outlined the work carried out over the past year on behalf of InterManager’s international membership and praised the efforts of the Secretary General and Executive Committee members in raising the profile of ship management around the globe.

Looking to the future, the President said: “We are faced with a number of big challenges resulting from new technology and new regulation. Cyber security is also becoming more and more of a threat to our industry, and IMO 2020 will certainly have a big impact on our industry. “As ship managers we will be in the front line when it comes to facing these challenges to the industry. We will have an important role in advising our customers about technical and operational solutions to safely and economically maintain their ships and we will have to ensure that the ships will operate in way that maintains the safety and security of the crews on board.”

Going forward, the President advised that InterManager members will “continue to pool resources and share experiences to seek solutions and identify best practices to meet the challenges our sector faces and identify innovative and successful solutions”.

He concluded: “The strength of our association is to gather like-minded people and I encourage our members to cooperate closely and exchange ideas to ensure we support each other as we move forward”.
Vessel owners and managers encouraged to support Adopt a Ship

InterManager members are encouraged to support the Adopt A Ship scheme which is proving to be a popular way to introduce school-age children to the international maritime world.

Speaking at the InterManager Annual General Meeting, Captain Kuba Szymanski told members: “Schools really love this project.” In fact, Adopt A Ship is proving so popular that there is currently a shortage of ships, with some vessels having to correspond with two schools to ensure pupils are not disappointed.

InterManager Vice President George Hoyt has been talking to ship managers around the globe to highlight the benefits of taking part in the Adopt A Ship scheme, which was initiated by the Cyprus Chamber of Shipping. The project puts vessels in touch with schools or colleges to enable pupils to learn more about the world of international shipping and a life at sea.

Schools are given a world map and pins to enable students to track their vessel’s progress across international waters. Pupils communicate via email with the Master and crew and discuss a range of topics, depending on their age. Questions vary from discussions about the employment opportunities that exist in the shipping industry to curiosity about how seafarers live and what they eat.

Captain Szymanski said: “This is how to educate the general public. The children learn about shipping in class and then go home to their families and talk about shipping. Imagine a child telling its parents: ‘Did you know our TV was once on a ship sailing across the ocean?’ Crew benefit too from the opportunity to talk about their careers and their lives at sea. We heartily recommend that our members take part in Adopt A Ship”.

Adopt A Ship also organises presentations for participating schools as well as visits to shipping companies and vessels where possible. Any ship managers or vessel operators who are interested in taking part in the scheme should contact: kuba.szymanski@intermanager.org
News from the IMO

Following a very busy summer period, the IMO changed to a lower gear but is in the process of revving up for a grand 2018 finale. Readers may recall that the Sub-Committee for the Carriage of Cargoes and Containers (CCC) and that for the Implementation of International Instruments (III) met in September, whilst the Committee for Marine Environment Protection (MEPC) communed towards the end of October. Reports on all these meetings were posted on the InterManager website but for those who missed the last, most important one, MEPC 73, it may be worth a very short reminder of the decisions taken.

Regarding the Ballast Water Management Convention (BMW), discussions on how to assess BWM systems at commissioning resulted in the issuance of a Circular on validating compliance based on discharge sample and self-monitoring parameters. Amendments were also adopted to the BWM plan guidelines which include a reference to contingency measures.

On Fuel oil sulphur limit, the 1 January 2020 0.50% Sox limit was confirmed and a ban on the carriage of fuel with a sulphur content above the limit for ships without an approved alternative means, such as a scrubber, was adopted and will enter into force on 1 March 2020. Rather than have an ‘experience building phase’ (as for BMW), proposals were invited to MEPC 74 for how best to collect and analyse data after enforcement starts.

The subject of EEDI produced prolonged discussion as to whether the Phase 3 application date and reduction target should be changed and whether to vary these for different ship types and sizes. A great deal of concern was expressed, particularly by the industry, that decisions were being proposed on the basis of insufficient data to justify them, leading to a decision of further discussing the matter at MEPC 74, and in the interim, commissioning a correspondence group.

In respect of Greenhouse gases (GHG), draft terms of reference were considered for the fourth IMO GHG study, to be guided by a Steering Committee in order to ensure confidence in its conclusions. Plans were also agreed for a preparatory expert workshop and an activity stream on assessing and taking account of the impact of measures on States was added to the follow-up actions list.

On the subject of NOx Control, amendments to the NOx Technical Code were approved to remove the
restriction on use of the scheme B certification option, which permits testing engines and selective catalytic reduction systems separately. Guidelines were also agreed to specify requirements for future new ships for the discharge to sea of exhaust gas recirculation bleed-off water.

Looking ahead to the final two months of the year, there will be two further IMO Committee meetings containing a number of issues of interest to InterManager as follows;

**IMO Council (C121), 19 – 23 November**

- Strategy, planning and reform;
- Resource Management of the Organisation, ie the IMO;
- Consideration of the reports from MEPC and the Technical Cooperation Committee;
- Protection of vital shipping lanes;
- Relations with the United Nations and the specialised agencies, intergovernmental organisations and non-governmental organisations, (which includes InterManager);
- World Maritime Day, Day of the Seafarer and the IMO Goodwill Maritime Ambassador Scheme; and,
- Report on the status of Conventions and other multilateral instruments in respect of which the IMO performs its functions.

**Maritime Safety Committee MSC 100), 3 – 7 December**

- Measures to enhance maritime security;
- Regulatory scoping exercise for the use of Maritime Autonomous Surface Ships (MASS);
- Safety measures for non-SOLAS ships operating in Polar waters;
- Piracy and armed robbery against ships; and
- Unsafe mixed migration by sea
Meeting the challenges of tomorrow’s maritime trade is at the forefront of ship managers’ focus as they develop strategies to meet environmental targets and embrace fast-paced technological advances in our industry.

Ship managers gathered in London this week for the Annual General Meeting of their industry trade body – InterManager – where they discussed plans to work together to identify solutions to the challenges facing today’s ship management sector.

Addressing the AGM gathering at the London offices of Willis Towers Watson, InterManager President Bjorn Jebsen said: “Going forward, InterManager members will pool resources and share experience to seek solutions and identify best practices to meet the challenges our sector faces and identify innovative and successful solutions.”

He pointed out: “The strength of our association is in gathering like-minded people and I encourage our members to cooperate closely and exchange ideas to ensure we support each other as we embark on this voyage towards tomorrow’s shipping industry.”

Highlighting challenges such as the 2020 sulphur cap, he said ship managers are concerned about the potential impact this stringent new regulation may have on vessel operation and crew safety. “We appreciate that 2020 will pose a serious challenge on many levels, not just in terms of the environment and economic measures but also in relation to human health”, he said. “We must ensure we approach matters carefully, doing our homework and considering all angles.”

Mr Jebsen advised members that 2018 has been a very successful one for the organisation, particularly in terms of its position at the heart of international
shipping. In particular, InterManager is proud to be a non-governmental organisation with the International Maritime Organisation (IMO) and attends meetings on behalf of its membership and the wider ship management sector. This summer InterManager has been pleased to see IMO adopt some of the findings from the important crew fatigue research project Martha, with which InterManager has been actively involved for several years.

Over the past year InterManager has also participated very actively in many maritime industry committees, including the Human Element International Group; the International Lifeboat Group (InterManager is the only organisation which keeps comprehensive records of lifeboat accidents, stretching back 13 years); the Equasis Editorial Board, and anti-piracy initiatives including the production of the recently-published BMP 5.

“We ship and crew managers have a very important role to play and I will make sure that we continue on this path,” Mr Jebsen said.

At the conclusion of the AGM the Executive Committee re-elected Bjorn Jebsen to serve as President of InterManager for a further two years.
InterManager associate member KVH Videotel has introduced a new training package: Seafarers Mental Health and Wellbeing, which will be available free of charge throughout the shipping industry in recognition of the importance of the topic.

The programme was produced in association with the International Seafarers Welfare and Assistance Network (ISWAN) and comprises a short video, facilitator notes, and information booklets from ISWAN on mental health issues at sea.

KVH Videotel unveiled its new video during InterManager’s 5th Annual International Shipowning & Shipmanagement Summit in London recently. Delegates and guests watched the informative video at the close of the conference and gave it a spontaneous round of applause.

“Seafarers face unique working conditions which can put them under tremendous stress, with fewer opportunities for relief than they would be likely to find on land. This programme not only presents information from industry experts but also lets seafarers themselves tell their own story in interviews and short statements, describing the path to achieving happiness,” said Mark Woodhead, KVH senior vice president for EMEA, who gave a heart-wrenching personal account of how he had witnessed a family member struggle with mental health.

If left unaddressed, seafarer’s stress can result in danger to one’s self by way of lowered morale, increased human error, lifestyle illnesses, decreased productivity, burnout, and mental health issues. Seafarers Mental Health and Wellbeing focuses on what seafarers can do to cope with the challenges but also to take advantage of the many opportunities onboard. It underlines the importance of rest, diet, team activities, and maintaining good relationships. Talking to a trusted person onboard ship may help, and there is also help available outside the ship such as the 24/7 multilingual helpline and chat service at SeafarerHelp.org, as well as the work of port-based organisations such as Mission to Seafarers.

ISWAN’s brochures are being distributed as part of this training package, available as downloads from the dedicated KVH Videotel website. In addition, KVH Videotel is providing brief facilitator notes to assist those who will use this programme to run training sessions on vessels.

Seafarers’ Mental Health and Wellbeing was produced with overwhelming support from within the industry. Steering group members include: Anglo-Eastern Ship Management Ltd; Associated British Ports; International Maritime Employers’ Council; International Maritime Organization (IMO); “K” Line LNG Shipping (UK) Limited; The Mission to Seafarers; Nautilus International; Sailors’ Society; Shell International Ltd; The Shipowners’ Club; Swire Pacific Offshore; John H. Whitaker (Tankers) Ltd. Seafarers UK and other organisations are assisting with distribution and promotion of the training package.

To obtain “Seafarers Mental Health and Wellbeing,” please visit videotel.com/seafarerwellbeing.
Through the Porthole

Delegates take part in a lively debate during ISSS18 in London.

Capt. Szymanski addresses delegates at a Seagull event in Athens.

Polish Maritime Forum in Gdynia.

Seagull event at Trinity House, London.

Want to see your company ‘Through The Porthole’? We welcome photographs from all our Members. Email them to:
kuba.szymanski@intermanager.org

Sept/Oct 18 / InterManager Dispatch Issue 26 /9
### International Lifeboat Group meeting

Capt. Kuba Szymanski and Capt. Paddy McKnight representing InterManager

### CrewConnect Global & CruiseConnect Global Global

Save 20% with InterManager VIP Code FKT3428IM or follow this link: [https://goo.gl/L1BsSE](https://goo.gl/L1BsSE)

### Green Ship Technology (GST) North America

Save 20% with InterManager VIP Code FKT3393IM or follow this link: [https://goo.gl/K1F7EL](https://goo.gl/K1F7EL)

### IMO Council 121

Capt. Paddy McKnight representing InterManager

### 63rd ISSA Convention


### IMO MSC 100

Capt. Paddy McKnight representing InterManager
On The Wire
Snippets from across social media.

**International Seafarers’ Welfare & Assistance Network**
Members of ISWAN India’s Programme Steering Group met in Mumbai last month to discuss the programme’s latest work for the welfare of Indian seafarers and their families.

**Seaspan**
Looks like these two electrical engineers are not only shipbuilders but musicians too... what a talented bunch we have here at #SeaspanShipyards! #happylunchbreak #happyfriday

**InterManager**
Great to see professionals looking into the issue of #loneliness at sea, hope they will provide unbiased pros and cons of work at #sea via SAFETY4SEA

**Seafarers UK**
We’ve got places! Join our #LondonMarathon2019 team, receive excellent fundraising tips and a great crowd to cheer you on the day! Find out more: https://www.seafarers.uk/event/virgin-money-london-marathon/

**IMO**
The new 0.50% limit (reduced from 3.50% currently) on sulphur in ships’ fuel oil will be in force from 1 January 2020: http://www.imo.org/en/MediaCentre/PressBriefings/Pages/19-Implementation-of-sulphur-2020-limit.aspx

**ISWAN**
‘For those who have never worked onboard a merchant ship, it may be difficult to comprehend the stress that affects the daily life of a seafarer.’ Rev. David Reid shares his experiences from his time as both a seafarer and a port chaplain: http://bit.ly/2CCnB5v #mentalhealth

**IMO**
The results are finally here. The 2018 Day of the Seafarer - photo competition winners are: http://www.imo.org/…/Pag…/16-DOTSphotocompetitionwinner.aspx

**Sailors’ Society**
Our chaplains always start their day with a cuppa to get their #EverydayMotivation How do you start your day? #questiontime

**GasLogLNG**
Launching event of SNZ212 - one of our newest #newbuildings- a 180,000 cubic meter LNG Carrier, took place on Oct 16th, 2018 at SHI shipyard! #SHI #LNG #shipping

**InterManager**
Vice President of InterManager, George Hoyt updating the Greek audience on #shipping industry progress at @SeagullAS User Meeting in #Athens